



Ayurveda Resort Sonnhof ****

hotel in Thiersee

Hinterthiersee 16 · A-6335 Thiersee · info@sonnhof-ayurveda.at · +43 5376 5502

Further information available at <http://www.sonnhof-ayurveda.at/>

Ayurveda Resort Sonnhof ****

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In the picturesque Tyrolean Thiersee Valley, the European Ayurveda® Resort Sonnhof awaits you – a unique retreat that combines European authenticity with the holistic healing arts of India. Here, you will find not only deep relaxation and sustainable regeneration but also an inspiring journey to yourself. In a family atmosphere, surrounded by alpine nature and accompanied by experienced Ayurveda experts, you can realign body, mind, and soul. Individual therapies, yoga, meditation, and a finely t...



Facilities

quiet location · meadowlands · near the forest · central location · steambath · massage · invigorated water · wellness area · biosauna · body treatment · special massages · spa facilities · beauty parlour · relaxation room · indoor swimming pool · beauty treatment · yoga · massage on request · sauna · Ayurveda · infrared cabin

Rooms and apartments

Current offers



Single room "Sonnhof"

20 m², oak wood floor, shower/WC, cosmetic mirror, hairdryer, bathrobe, slippers, telephone, radio, satellite TV, LAN connection, safe, balcony, desk, and ZES Bodyguard Recovery Pad.

1 Person · 1 Bedrooms · 20 m²

ab
€ 242,00
per person on 22.04.2026

To the offer



Double room "Himmelreich"

22 – 25 m², double room with wooden floor, shower/WC, cosmetic mirror, hairdryer, bathrobe, slippers, telephone, radio, SAT-TV, LAN connection, safe, balcony, and ZES Bodyguard Recovery Pad.

1-2 Personen · 1 Bedrooms · 24 m²

ab
€ 239,00
per person on 22.04.2026

To the offer



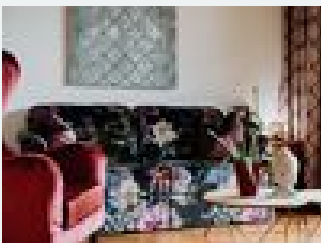
Junior suite "Tirol"

35 m², double room with living area, wooden floor, wardrobe, shower, separate WC, hairdryer, bathrobe, slippers, telephone, radio, flat-screen TV, LAN connection, safe, panoramic balcony, and ZES Body...

1-2 Personen · 1 Bedrooms · 35 m²

ab
€ 267,00
per person on 22.04.2026

To the offer



Suite "Harmonie"

42 m², bedroom, separate living area, wooden floor, shower, separate toilet, double washbasin, cosmetic mirror, hairdryer, bathrobe, slippers, telephone, radio, flat-screen TV, LAN connection, safe, p...

1-2 Personen · 1 Bedrooms · 48 m²

ab
€ 250,00
per person on 22.04.2026

To the offer



Suite "Veda Spirit"

45 m², separate living and sleeping area, seating area, oak floor, shower, separate WC, cosmetic mirror, hair dryer, bathrobe, slippers, telephone, radio, flat-screen TV, LAN connection, safe, desk, p...

2 Personen · 1 Bedrooms · 45 m²

ab
€ 296,00
per person on 22.04.2026

To the offer

Conditions

All prices are per person and night with pampering board, excluding local tax. The pampering board includes: Ayurveda breakfast buffet, a Pitta buffet at noon, Vata snack in the afternoon with tea ceremony and fruit, and an Ayurvedic dinner menu or an international 5-course menu depending on the booked package. We exclusively use organic and local food as well as Grander water. Also included is participation in the Ayurveda active weekly program (yoga, meditation, and guided hikes) as well as the use of the Ayurveda Center. Transfer service from the train station for a fee. Underground parking is free!

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